

EXHIBIT 13

NFL reduces fines for Robinson, Meriweather

NEW YORK (AP) — The NFL has reduced the fines for Atlanta's Dunta Robinson and New England's Brandon Meriweather, both cited for flagrant hits against defenseless receivers.

Robinson's fine was reduced by the league's appeals officer, Ted Cottrell, from \$50,000 to \$25,000. Meriweather's went from \$50,000 to \$40,000.

Robinson's hit on Philadelphia wide receiver DeSean Jackson left both with concussions, and Meriweather picked up a 15-yard penalty for unnecessary roughness after hitting Baltimore tight end Todd Heap in the head.

Cottrell previously reduced the fine levied against Pittsburgh linebacker James Harrison for his hit on Browns wide receiver Mohamed Massaquoi. All three fines came from plays in games on Oct. 17.

The league announced several new fines Friday, includ-

ing one on Tennessee right tackle David Stewart, who was hit for \$20,000 for unnecessary roughness after hitting a Kansas City player "late and away from the play on two separate instances" on Sunday.

Indianapolis' Gary Brackett was fined \$15,000 for roughing the passer, when he hit Oakland quarterback Jason Campbell in the head and neck area. Brackett was fined \$10,000 earlier this season for a similar hit on Philadelphia's Michael Vick.

Oakland's Lamarr Houston was fined \$12,500 for poking his finger in a Colts player's facemask near the eye.

New England's Jerod Mayo has to pay \$10,000 for unnecessarily striking a defenseless Buffalo receiver in the head and neck area on a pass play. It was unclear if the fine was for a hard hit on Steve Johnson or David Nelson, both in the second quarter.

Pats

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New England's former star safety said. "You can do nothing but respect that."

It's the Belichick Way. It's the Patriots Way.

And it's worked for a decade, from the Super Bowl championship in the 2001 season to the best record in the NFL this season. Players change. Assistant coaches leave. The Patriots Way endures.

The approach has many parts — focus on team over individual success, prepare thoroughly, shut out distractions, build team depth and look no further than the next game.

It has one goal — winning. "When you embody the Patriots spirit, it's guys that aren't worried about who gets the recognition," said Harrison, now an analyst on NBC's Football Night in America. "If you win football games, everybody looks good."

"The other thing about the Patriots Way is preparation. When you prepare everyone, it creates depth and it begins to build confidence in guys who accept their roles."

Belichick's players prepare exhaustively, even for Sunday's regular-season finale against the Miami Dolphins that means nothing in the standings. The Patriots (13-2) already have homefield advantage as long as they're in the AFC playoffs.

Few situations arise in games that the players haven't seen in practice. No detail is too small. After all, it might save a game that can lead to a title, so Belichick springs questions on players during meetings.

"I can remember my first week being here," said linebacker Rob Ninkovich, who joined the Patriots as a free agent before last season. "I was sitting there before the Buffalo game and he's like, 'Rob, could you name all their tight ends and their strengths and weaknesses?'"

The nervous newcomer was speechless. So he opened his book to look it up.

"He was like, 'close your book,'" Ninkovich recalled, "and then he came up to me and said, 'Hey, you've got to know their shoe size by the time you play them, so take this as a lesson.'"

Belichick doesn't back off from challenging conventional wisdom either. He traded star defensive end Richard Seymour before last season then dealt wide receiver Randy Moss after the fourth game this season.

He's stocked up on new players, 24 in their first year with the Patriots, including eight veteran free agents and three rookie free agents.

"He's a great evaluator of talent and he's a great evaluator of people," Harrison said. "He talks to you. He understands after meeting you whether you're the type of guy that fits in his system, and he'll let you know."

Moss fit in very well in 2007, his first season with the Patriots. He caught an NFL-record 23 touchdown passes and finished with 98 catches for 1,493 yards. The next two years he totaled 152 receptions and 24 touchdowns. But this year his production fell off and he complained about his contract situation — diverting the spot-

light from the Patriots win in the opener by saying he didn't think they would bring him back next year.

Three weeks later he was traded to Minnesota and later to Tennessee, but he still praises Belichick as the greatest football coach he's ever seen.

"He tries to eliminate a lot of nonsense, and the nonsense is the off-the-field distractions, straight tunnel vision," Moss said. "You can respect that a lot in a coach. I have the utmost respect for him, and I think he's the greatest coach."

In many ways, the players resemble their coach.

They spend extra time studying film, focus on their next task and speak cautiously with reporters, careful not to reveal information on injuries or game plans.

That's critical to the Patriots Way — platitudes avoid problems.

Asked if the team has taken on Belichick's personality, running back Danny Woodhead said Friday, "We trust our coach and we're just taking it one day at a time and that's what we've got to do. That's what we've tried to do the whole season and that's what we're going to continue to do."

No bulletin-board material there. Another reason for Belichick to like the 5-foot-8 running back, besides his 528 yards rushing and 34 receptions.

But Woodhead and his teammates can still improve and one bad practice can set them back.

"We got better yesterday. We got better on Wednesday. We're going to have a better team this Sunday," quarterback Tom Brady said Friday. That "really has been a trademark of this team ... to always make improvements over the course of the season. So I don't think we take weeks off. I don't think we take days off. We're always trying to get better."

The Patriots have three Super Bowl titles in the last nine seasons. Harrison believes many people don't like dynasties and want them to fail.

"There are so many people out there that are against you and so many things that can bring distractions to your team," he said, "and (Belichick) just does a wonderful job of saying, 'Fellas, it's us in this locker room against everyone else. Don't worry about it.'"

Using real or imagined enemies for motivation is another part of the Patriots Way.

"Bill invented the Way," said Heath Evans, who spent 3½ seasons as a New England running back before joining New Orleans for the 2009 season. "Whatever the best thing is for the team, that's the Belichick Way and the Patriot Way."

That Way, of course, may not lead to another championship this season. But as long as the players don't stray from it, chances are the Patriots will be contending for many years. "The beautiful part about this is they're young and they're buying into the system," Harrison said. "So that means they're going to be good for a very long time."

LEGAL NOTICE

The Maine Workers' Compensation Board of Directors has scheduled a 10 o'clock Business Meeting on Tuesday, January 11, 2011, at its Central Office (located on 90 Blossom Lane) in Augusta. This schedule is subject to change. For additional information, please visit www.maine.gov/web or call (207) 287-7086.

Celtics

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Chris Paul had 20 points and 11 assists for New Orleans, which won for just the third time in seven games. Emeka Okafor scored 18 points and grabbed 13 rebounds.

New Orleans had lost seven straight and 9 of 10 on the road.

Ray Allen led Boston with 18 points, Paul Pierce had 12 points and seven boards and Nate Robinson scored 11 and had six rebounds.

"I told the guys after the game that I'm not happy, we should have won the game," Boston coach Doc Rivers said. Boston has lost three of four since winning 14 straight.

Celtics' point guard Rajon Rondo, who leads the league with 13.8 assists per game, missed his seventh straight with a sprained left ankle. Forward Kevin Garnett was out with a strained right calf, an injury sustained Wednesday against Detroit. Center Kendrick Perkins has not played yet this season due to offseason knee surgery from an injury in Game 6 of the NBA Finals and backup point guard Delonte West missed his 16th straight game with a broken right wrist.

"Obviously they're a different team without those guys, but it's a good win for us," Paul said.

After Boston moved ahead 73-66 on Allen's 3-pointer with just under 6½ minutes to play, New Orleans scored 11 of the next 13 points, taking the lead on Marco Belinelli's jumper from the top of the key with 3:07 left.

"We've just got to build on

this one," West said. "This is a good win for us. We haven't won on the road in a while. It just feels good to get one."

Robinson tied it with a driving basket with 1:59 to go. He was fouled on the play, but missed the free throw before Ariza's 3 moved the Hornets ahead 25 seconds later. West then nailed a jumper from the left wing with 54 seconds left.

Pierce had a basket and Allen two free throws, closing it to 82-81 with 21 seconds to play.

Boston had to foul, putting West on the line with 19.6 seconds left. He missed the first, but made the second. After Pierce fumbled a pass near the sideline, he passed it to Allen, who was forced to take his long 3. Paul grabbed the rebound and Boston was unable to foul before time expired. "Regardless of the injuries, we've still got to show up and play," Pierce said. "There's no moral victories. It was a game of ups and downs. We just didn't play consistent basketball."

New Orleans opened a 66-57 lead on Okafor's dunk in the closing minute of the third quarter before Boston scored 16 straight points over a 5:37 stretch. Allen started the run with a jumper with four seconds left in the third and hit three straight baskets in the fourth — the final two were 3-pointers 1:15 apart. The second gave Boston a 73-66 lead with 6:27 to play.

The Hornets missed their first nine shots to open the fourth quarter before Belinelli hit a jumper from the top, halting a scoreless stretch of 5 minutes, 45 seconds. Boston opened the quarter by nailing seven of its initial 10 shots.

Skiers

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man, also from Aspen, are among the top members of the U.S. Ski Team competing. There will also be USSA Super-Tour leaders Lars Flora and Holly Brooks, both from Anchorage, Alaska.

In addition to the titles on the line, the event will act as the official trials for the Junior and U-23 Cross Country Ski Championships, as well as the Junior Scandinavian Championships trip where athletes 17 and younger are eligible to compete.

Athletes will train Saturday and race Sunday. Racing will follow on Tuesday, Thursday and Saturday, with training days in between.

"I think the venue itself is going to make it more appealing and more exciting for the athletes," said Arsenault. "We're positioned to host more ath-

letes and deal with the physical numbers and the venue lends itself well to a great event."

Things have changed at Black Mountain since the races were held here in 2004. Overall, the small improvements should make for better racing for the athletes and more accommodating for spectators.

The stadium has been expanded and will allow spectators a great view and gathering spot for the start and finish.

"The mass start area is all contained in one area," said Arsenault. "That has affordable viewing from the base lodge in and the start-finish area. With the lap track and a multiple lap race, they're going to have more opportunity to see the skiers."

There are also places on the course for spectators to venture out and watch the action.

"We also have very well maintained spectator trails which allow people to get out and view athletes multiple

"When you play this team here, you not only need big play, but you have to be poised," New Orleans coach Monty Williams said. "I thought when they made that run in the fourth quarter I thought our guys were poised."

Rondo still sidelined with sprained ankle

The Celtics' Rajon Rondo will miss his seventh straight game with a sprained left ankle, adding to Boston's injury woes with Kevin Garnett also ailing.

Rondo will miss Friday's game against New Orleans with the injury he sustained in New York on Dec. 15.

The Celtics' star point guard, who leads the league with 13.8 assists per game, went through a workout Friday and was sitting on the bench during pregame warmups, but coach Doc Rivers said he wasn't ready yet. Garnett is expected to be out two weeks with a strained right calf. He was injured in the opening quarter of Boston's loss against the Detroit Pistons on Wednesday.

"We've been in survival mode now for a couple of weeks, months with guys out," Celtics guard Ray Allen said. "Guys are going to have to step up and fill Kevin's shoes."

Backup point guard Delonte West has been sidelined for 15 games with a broken right wrist, Jermaine O'Neal missed 19 games with sore knees before playing the last three and Kendrick Perkins has been sidelined the entire season following surgery for a knee injury from Game 6 of the NBA Finals.

times and still be able to get back to the stadium are where they'll be finishing," said Arsenault. "It's not only seeing them go out and come back only once."

The trails have also been widened to make for better skiing for the racers. Though the longer distance course was only tinkered with to improve it, the shorter races have been upgraded.

"The bulk of the work was done on the sprint course because you have five or six racers going head-to-head," said Arsenault. "It's a lot wider and kind of banked so you get more even track for the athlete that's on the inside."

With such a large number of competitors racing, the expanded track will certainly make a difference.

"I think it's going to ski a lot better and that's important to the athletes," said Arsenault.

The snow making operation has also improved since 2004.

Sox

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of in the way these guys played right to the end. They overcame a lot along the way. So, mixed feelings. We're proud of the effort and proud of some of the things we accomplished, but still disappointed in the ultimate goal."

The season took a turn for the worse almost right out of the gate during an 11-14 start that dropped the Sox seven games out of first just a month into the season. As late as May 17, the Red Sox remained under .500 at 19-20.

They finally kicked things into gear in June, drawing within a half game of first on July 3. But in the equivalent of an NBA team allowing a pair of 3-pointers in the final 10 seconds of the half, the last seven games before the All-Star break were disastrous. The Sox went 2-5 to enter intermission five games out of first.

They never recovered. It hardly matters now. With Gonzalez playing first, Crawford manning left, and a rebuilt bullpen featuring Bobby Jenks and Dan Wheeler, the Red Sox might just own the best lineup, the best rotation, and the best bullpen in the American League.

That's all on paper, of course, but when things look that good on paper at this time of year, the goals are pretty simple — World Series or bust.

The 2010 season drifted into the ether almost the second it ended. The hope looking forward is that the 2011 season lives forever.

Though the area got a good coating from last weekend's weather, there's still 5K worth of trail to maintain.

"We got the snow, but we also got the heavy wind for three days," said Arsenault. "That took its toll. So we're in the process of trucking in snow."

One thing they have to be prepared for is any kind of weather condition or lack thereof. In 2004, the weather cooperated but not until the last minute.

"We started the event on the 4th and got a dumping of snow on the third," said Arsenault. "Every year at this time of year, it's always touch and go."

The Chisholm Ski Club, originating in the 1920s, has been host to many national competitions including U.S. Championships, NCAA and USCSA Championships. Rumford has played host to the 1950 Nordic World Championships as well as the 1952 Olympic Trials.

kmills@sunjournal.com

Classic

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but the NHL understood the inherent risk in taking an indoor game into the great outdoors.

"It's part of what makes the game great," NHL chief operating officer John Collins said.

To Lemieux, so do Crosby and Ovechkin, the feature attractions whenever it starts. Crosby is scoring at a rate unseen since Lemieux had 161 points in the 1995-96 season; Crosby's 25-game scoring streak ended Wednesday but, with 65 points in 39 games, he's on pace for 137 points.

"It's two different styles, two different eras but guys who are great players," Lemieux said. "When he (Crosby) is doing is more impressive than what I did years ago."

At least this season, Crosby has eclipsed Ovechkin, who has slumped for extended stretches and is currently tied for sixth with 42 points.

While Crosby isn't scoring like Gretzky did during his 215-point season or Lemieux did during a 199-point season, the game has changed.

"He's been incredible all year," Lemieux said. "What he did with the 25 games with a point, that's pretty hard to do in this day and age. It's not the same as it was 20 years ago. You have good goalies

and good defensemen who can skate. Defensive schemes are very good compared to 20 years ago. It's much tougher to dominate now. ... That's why he is the best in the world."

It's also why Crosby is playing in the Winter Classic for the second time in four seasons, even as numerous other teams clamor for an invitation.

Crosby and Ovechkin met in a classic playoff series two seasons ago, won by the Penguins in seven games, and the two stars were considered then to be on a near-equal footing. From 2006-09, Ovechkin was the league's No. 1 scorer with 314 points and Crosby was fourth with 295.

Since Crosby's Canada ousted Ovechkin's Russia during the Vancouver Olympics in February, the dynamics have

changed. Crosby has eclipsed Ovechkin, outscoring him 96-62.

"What Sid's able to do every night, every shift ... is much more impressive than what we did years ago," Lemieux said. "He's gotten better and better every year he's been in the league." The Penguins, No. 1 in the overall standings, and the Capitals, who trail them by only four points, also have some of the NHL's top complementary players.

Penguins forward Evgeni Malkin is a former scoring champion, goalie Marc-Andre Fleury has been one of the league's best for six weeks and the Capitals' Nicklas Backstrom and Alexander Semin have long tormented the Penguins.

Washington swept four

NOTICE OF INTENT TO FILE MAINE WATERWAY DEVELOPMENT AND CONSERVATION ACT APPLICATION

Please take notice that Miller Hydro Group of P.O. Box 97, Lisbon Falls, Maine 04252-0097, Phone: 207-353-9919 is intending to file an application with the Maine Department of Environmental Protection for a permit and Water Quality Certification pursuant to the provisions of the Maine Waterway Development and Conservation Act and the Federal Clean Water Act, Section 401. The application is for Rehabilitation of the Worumbo Hydroelectric Project Dam in the town/city of Durham and Lisbon Maine. Proposed construction is to be located in Durham. The application will be filed on or about 12/30/2010 for public inspection at the DEP's offices in Augusta during normal working hours. A copy of the application may also be seen at the municipal offices in Durham and Lisbon, Maine. A request for a public hearing or a request that the Board of Environmental Protection assume jurisdiction over this application must be received by the Department, in writing, no later than 20 days after the application is found by the Department to be complete and is accepted for processing. Public comment on the application will be accepted throughout the processing of the application. For Federally licensed, permitted, or funded activities in the Coastal Zone, review of this application shall also constitute the State's consistency review in accordance with the Maine Coastal Program pursuant to Section 307 of the federal Coastal Zone Management Act. Written public comments may be sent to the Department of Environmental Protection, Bureau of Land and Water Quality, 17 State House Station, Augusta, ME 04333.

Public Hearing Notice The Town of Strong

The Town of Strong will hold a Public Hearing on January 11, 2011 at 6:30, at the Town Office to discuss an application being submitted to the State of Maine CDBG program for a Public Infrastructure Grant. The purpose of the grant application is to run a water main extension along Lambert Hill Road and the High Street Loop. Public comments will be solicited at this Hearing and will be submitted as part of the application. All persons wishing to make comments or ask questions about the grant application are invited to attend this Public Hearing. Comments may be submitted in writing to: David Adams, P.O. Box 31, 14 South Main St., Strong, ME 04983-0031 at any time prior to the Public Hearing. TDD/TTY users may call 211. If you are physically unable to access any of the Town's programs or services, please call Sandra Mitchell 684-4002, so that accommodations can be made.



SECTION 00020 ADVERTISEMENT FOR BIDS Bread of Life Ministries Shelter and Life Skills Center

(1) Sealed bids for the renovation of the building at 157 Hospital Street Augusta, Maine will be received on January 26, 2010 at 4:30 Cony Road Augusta, Maine until 4:00 p.m. and then at said office publicly opened and read aloud. Bids submitted after this time will not be accepted. Each bidder must submit a single sealed envelope, the outside of which must be clearly marked "Bid for Bread of Life Ministries."
(2) The work involves the renovation of an existing two-story building owned by Bread of Life Ministries. The renovations to the building are proposed for the change of use to the building from an office space to a shelter on the second and a life skills center on the first floor.
(3) A mandatory pre-bid conference and site walk will be held at 10:00 A.M. on Wednesday January 5, 2011 at 157 Hospital Street in Augusta, Maine with a storm date of Friday January 7, 2011.
(4) Full set copies of the Contract Documents may be obtained from Quality Copy, 4 North Street, Hallowell, Maine 04347 upon payment of a fee plus shipping and handling, if required. Checks need to be made payable to Quality Copy.
(5) The Contract Documents may be examined at the following locations: Construction Summary of Maine, 74 Gilman Road, Bangor, Maine 04412; Willis Northern New England, 31 Court Street, Auburn, Maine, 04212-0040; Associated Constructors of Maine, Inc., 188 Whitten Road, Augusta, Maine 04330.
(6) The project is to be funded through a Community Development Block Grant Program and will require compliance with the Davis-Bacon Act wage rates. This funding will require that the contract award decision be based on the lowest most responsive bid and responsible bidder. The Owner is an Equal Opportunity Employer.
(7) The awarding of the contract is subject to receiving all planning and building approvals from the City of Augusta and the State of Maine.